

# Atom-based Frequency Metrology: Real World Applications

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- Introduction to atom-based frequency metrology
- “Practical Uses”
  - Tests of fundamental physics
  - Space-based optical clocks

# Why do we need clocks?

Why do we need  
better and better  
clocks?

## Navigation

- transatlantic voyages
- missile guidance systems
- GPS + satellite control
- deep space missions

## Synchronisation

- global economy
- very long base-line interferometry and arrays

## Standards

- economic and public needs (NBS)

# What is a clock?

Oscillator

something periodic  
(pendulum, electromagnetic radiation)

Counter

something that can measure the oscillations

# Why do atoms make good clocks?

## All atoms are identical

- atomic transitions are excited by electromagnetic radiation (oscillation!)



$\nu_0$  = excitation frequency

$$Q = \nu_0 / \Delta\nu$$

## Aside on Q (Quality factor)

- resonance phenomenon: coupled pendulums, cavities, atoms all have similar properties

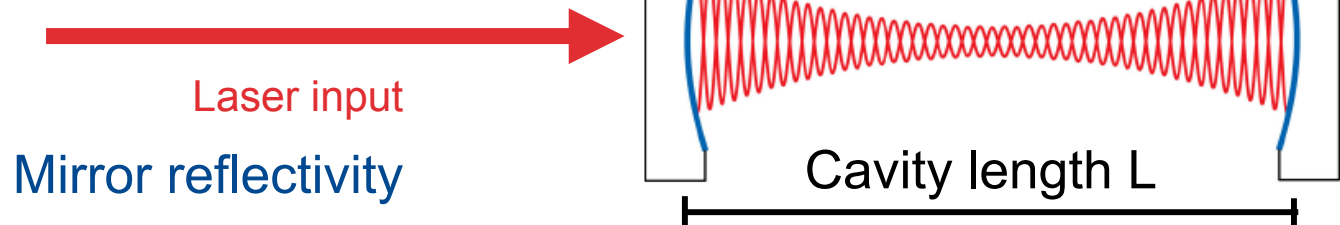
$$Q = 2\pi \frac{\text{energy stored}}{\text{energy dissipated (one cycle)}}$$

Only modes fulfilling the boundary conditions will add constructively

Resonance frequencies

$$f_n = nc/2L$$

$$\text{Linewidth} = c/(2LF)$$



# What makes a good atomic clock?

## Stability

Figure of merit:

Fractional frequency instability

$$\sigma(\tau) \sim \frac{\Delta\nu}{\nu_0 \cdot S/N(\tau)}$$

-microwave engineering mature field  
(measurement, transport of signal)



optical or microwave?

- ratio  $\frac{\nu_{\text{opt}}}{\nu_{\mu\text{wave}}} \sim 10^5$

But how to measure optical frequencies?

## Accuracy

- Insensitive to external perturbations (accuracy)
- Long interrogation times (laser cooling and trapping)

ions and atoms

Laboratory realities: What makes a good atomic clock?

## Reproducibility

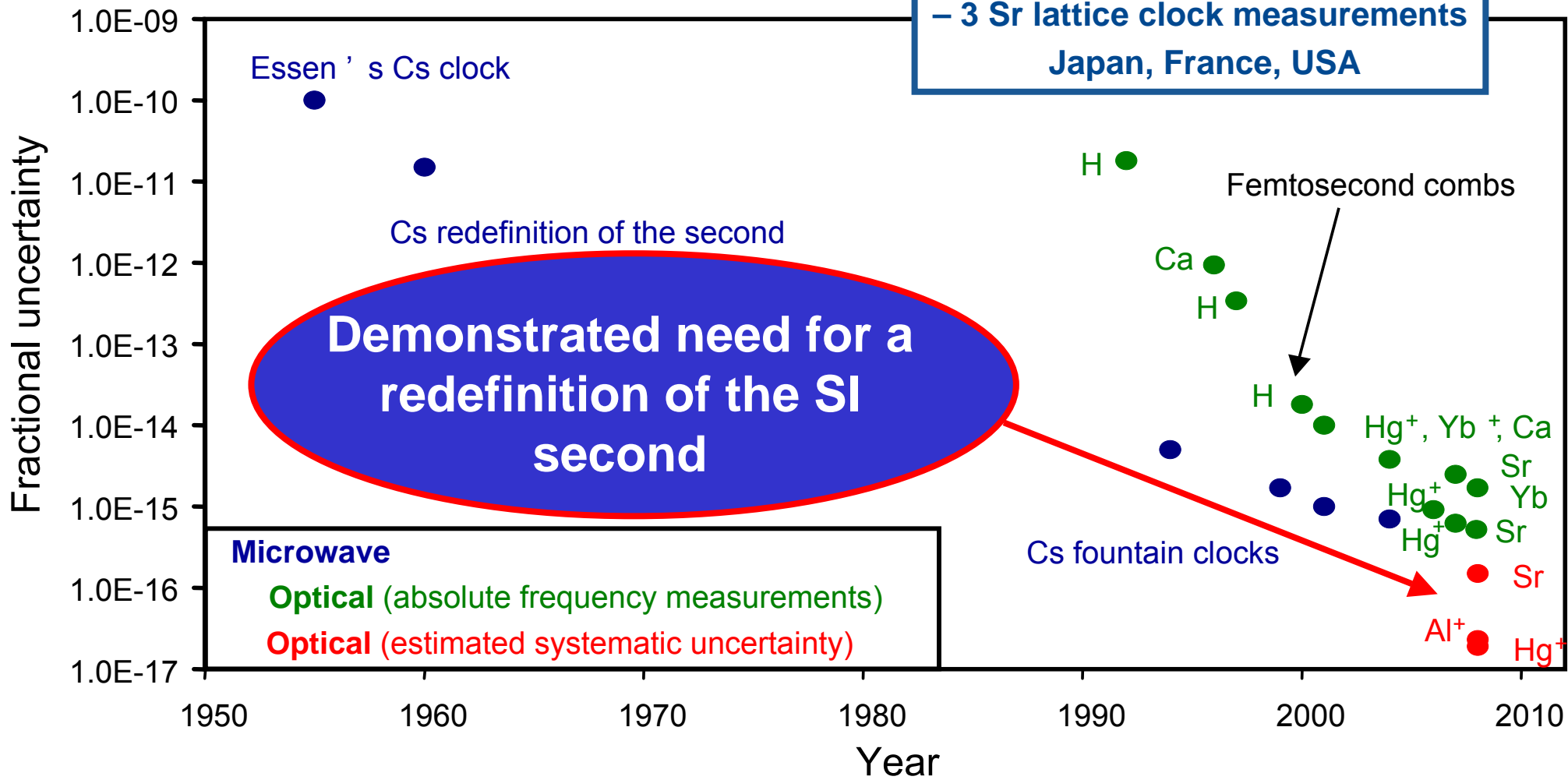
- Accessible cooling and clock transitions
- Experimental possibilities for assessing systematics

# Improvements in accuracy

**Best accuracy**  
– Hg<sup>+</sup> and Al<sup>+</sup>

**Best short-term stability**  
– neutral atoms

**Best reproducibility**  
– 3 Sr lattice clock measurements  
Japan, France, USA



**Evaluation of systematic uncertainties at 10<sup>-16</sup> – needs optical-optical measurement.**

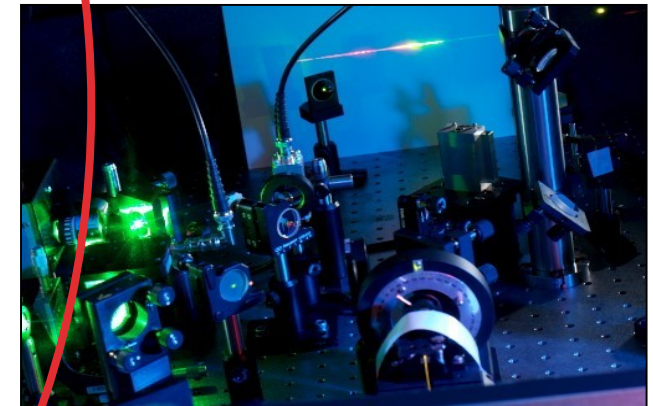


# Components of an optical clock

Reference  
(narrow optical transition in an atom or ion)



Counter  
(Femtosecond comb)



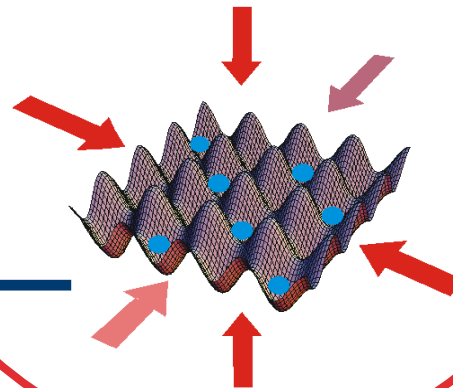
Oscillator  
(Ultra-stable laser)



+

or

+

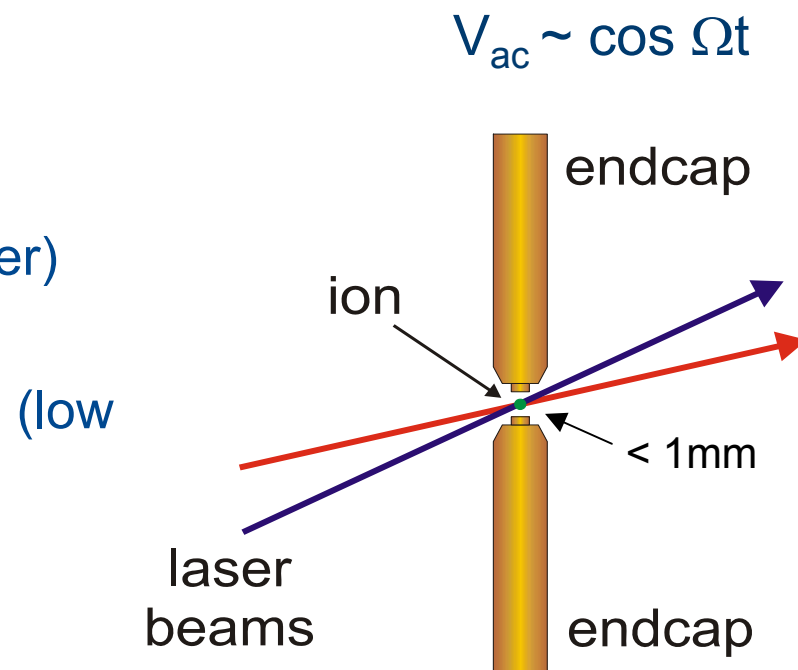
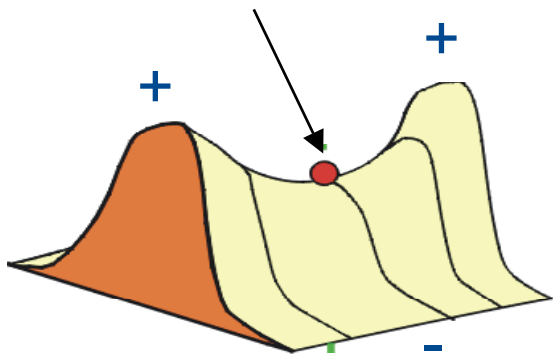




# Trapped ion optical frequency standards

- Laser-cooled single trapped ion
- High-Q optical clock transitions ( $10^{15}$  or higher)
- Low perturbation environment
- Laser cool to Lamb-Dicke regime energy vibrational states)

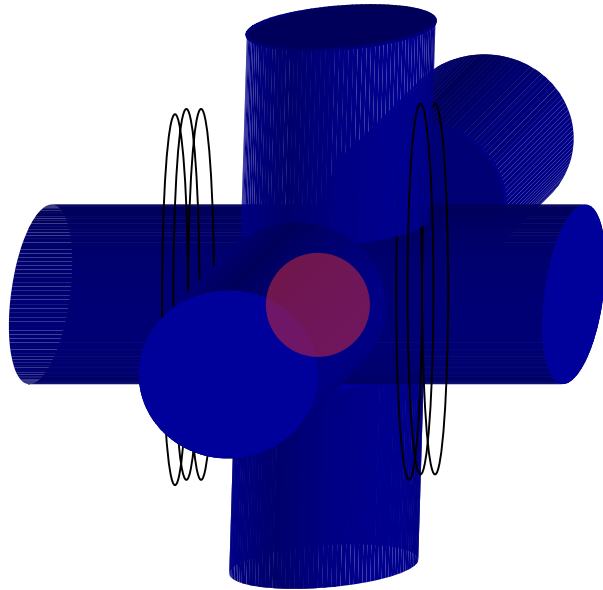
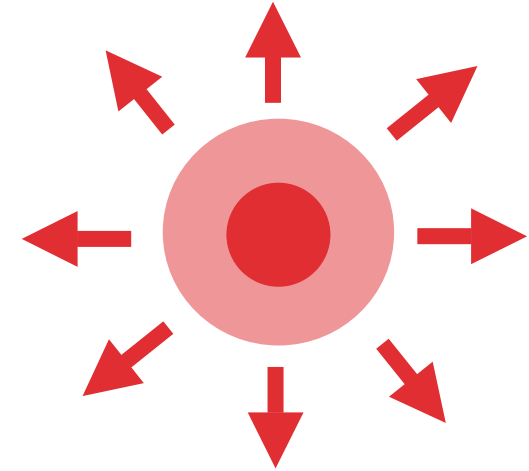
Positively charged ion



- No 1<sup>st</sup>-order Doppler shift
- Minimum 2<sup>nd</sup>-order Doppler shift
- Field perturbations minimised at trap centre
- Background collision rate low
- No other ions to perturb clock ion

# Neutral atom optical frequency standards

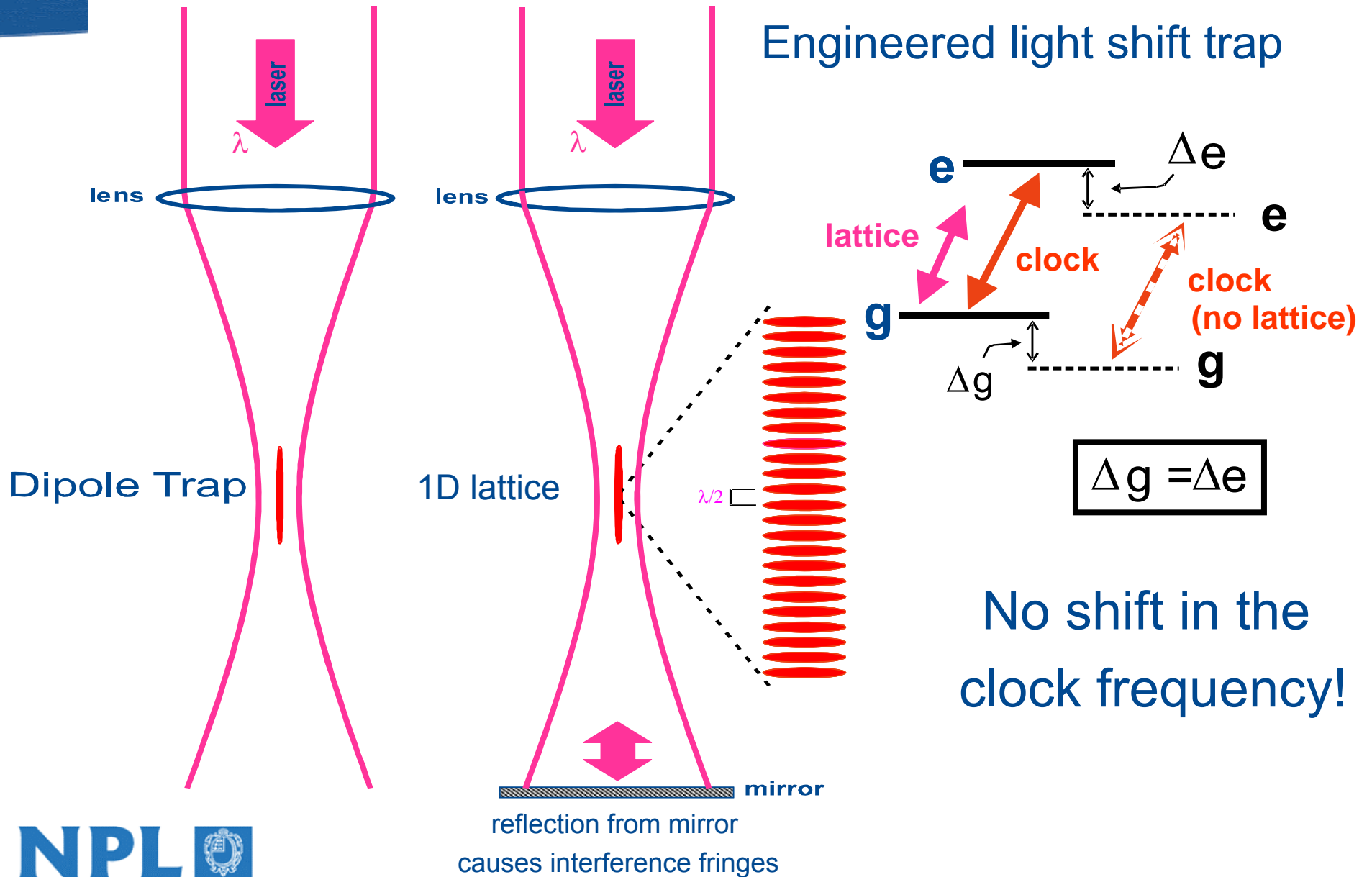
- Laser-cooled ensemble of atoms ( $\sim 10$  million atoms)
- High-Q optical clock transitions ( $10^{15}$  or higher)
- More perturbative environment than ions, but make up for this in signal-to-noise



Systematic effects (ballistic expansion):

- Velocity-related systematics
- Probe beam overlap and angle
- Blackbody radiation shift

# Optical Lattice Clock Revolution!

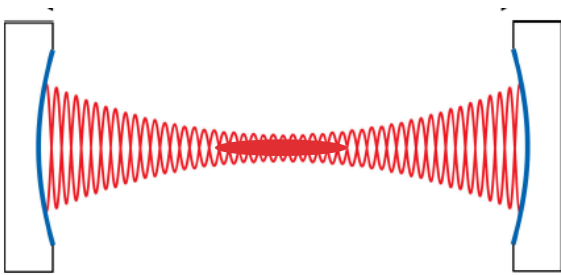


# Neutral atom lattice trap optical frequency standards

- Laser-cooled, lattice trapped ensemble of atoms
- High-Q optical clock transitions ( $10^{15}$  or higher)
- More perturbative environment than ions, make up for this in signal-to-noise

Lattice trapped atoms have similar properties to trapped ions, but win in stability by  $\propto N^{-1}$

- \* In lattice, eliminate recoil effects (Lamb-Dicke regime)



## Systematic effects (lattice trap):

- Polarisation issues with lattice trap
- Collisional shifts
- Blackbody radiation shift

Space-borne optical clocks will be needed because:

- Precision measurements in space need very good clocks
- Terrestrial clocks will not be good enough

Gravitational effects  
Fundamental physics

See e.g. D. Kleppner, “Time Too Good to Be True”,  
Physics Today, March 2006

# Gravitational Redshift

$$\frac{\nu_1 - \nu_2}{\nu} = \frac{U(r_1) - U(r_2)}{c^2}$$

## Problem:

Knowing the distance of the clock from the geoid  
(gravitational equipotential surface)

- uncertainty at present of 30 – 50 cm
- 3 parts in  $10^{17}$  for present clock experiments
- need 1 cm accuracy for part in  $10^{18}$  measurements

## Fundamental problem:

Earth is always changing (solid earth tides, tectonic plate motion, etc.)

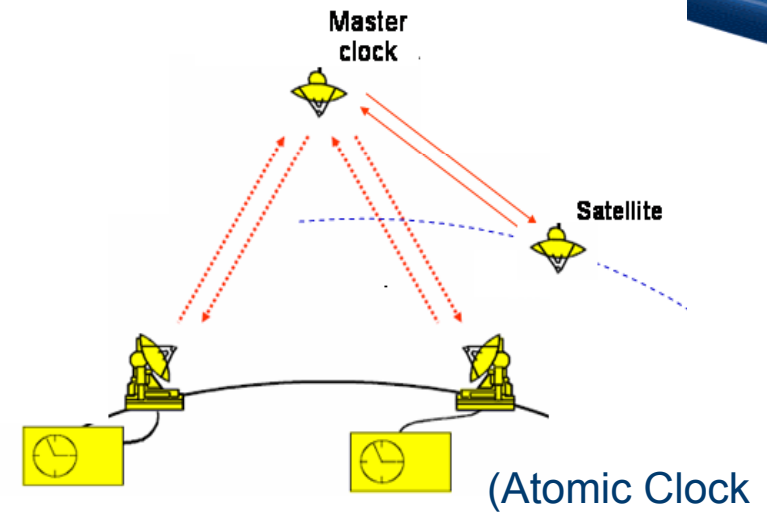
## Solution:

Optical atomic clock in space

- spatial and temporal variations of Earth's gravity field smooth out
- new, space-referenced timescale possible
- great environment for studies of fundamental physics

# Optical “master” clock in space

- Requirement for high accuracy ( $10^{-18}$  level) intercomparison of remote ground-based optical clocks
- ACES target of  $10^{-16}$  @ 1 day not sufficient  
Ensemble in Space – Hydrogen Maser + Cs clock on ISS after 2010)
- Common-view comparison via optical master clock
- Geostationary orbit for ease of orbit determination and reduction of tracking requirements
- Altitude determination of master clock to 40 cm required for  $10^{-18}$  accuracy (laser ranging sufficient)
- Also available for fundamental physics (e.g. gravitational redshift), geodesy and as a clock reference for satellites in lower orbits



# Fundamental Physics: General Relativity

## Einstein Equivalence Principle (EEP)

- Local Lorentz invariance (LLI)
  - Local measurement independent of velocity of freely-falling reference frame
- Local position invariance (LPI)
  - Local measurement independent of location and time (non-gravitational experiments)
- Weak equivalence principle (WEP)

$$\frac{\Delta\nu}{\nu} = \frac{\Delta U}{c^2} \rightarrow (1+\beta) \frac{\Delta U}{c^2}$$

## Consequence of LPI

Universal redshift of clocks

- make absolute gravitational redshift measurements

## Violations of EEP?

- predicted by theories attempting to unify

Gravitation and Quantum Mechanics



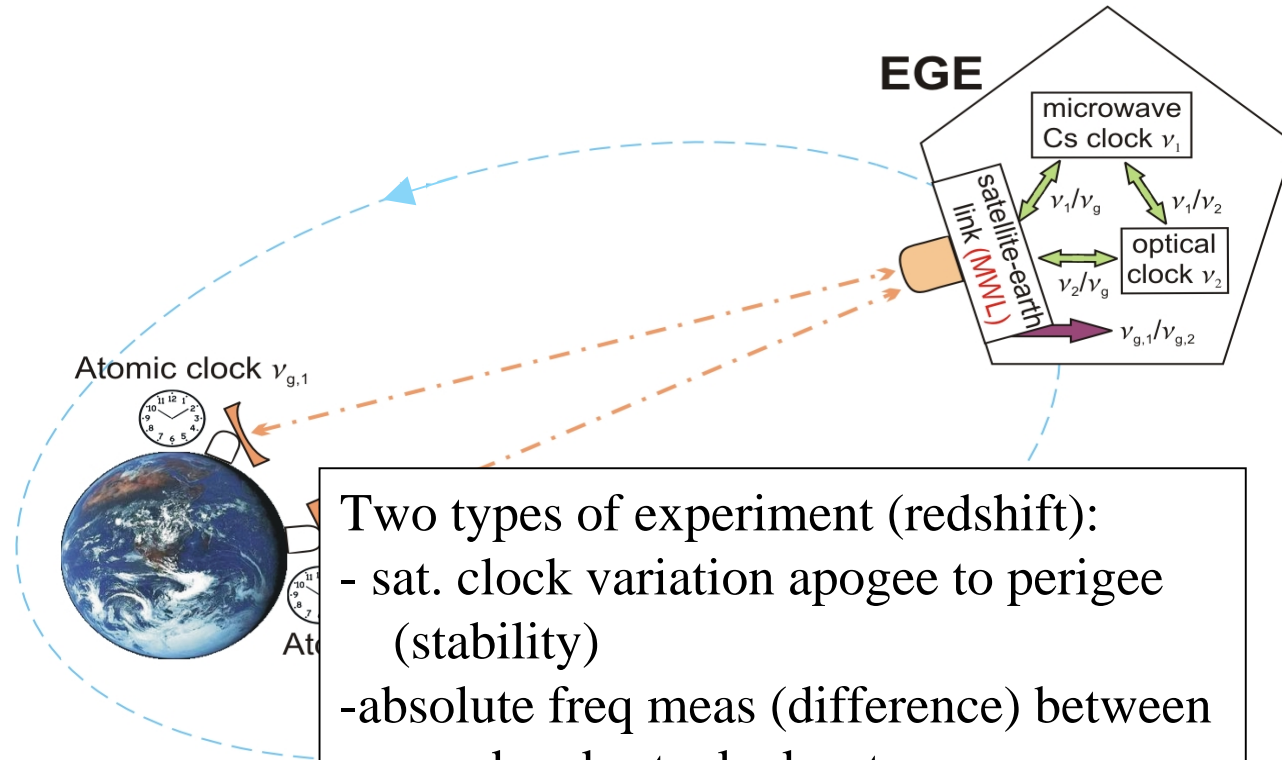
# Einstein Gravity Explorer

Schiller, Tino, Gill,  
Salomon, et al. (2007)

## Primary Goals:

- Study space-time structure with high accuracy
- Search for hints of quantum effects in gravity

- Highly elliptic earth orbit
- 2 atomic clocks on board, one optical, one microwave
- Microwave link (MWL) to earth
- Comparison between on-board and ground clocks (e.g. ground stations)
- Common-view comparisons of ground clocks
- ~ 2 year mission duration



## Two types of experiment (redshift):

- sat. clock variation apogee to perigee (stability)
- absolute freq meas (difference) between ground and sat. clocks at apogee (accuracy)

## Local Lorentz invariance:

- large  $\Delta$  velocity
- measure clock frequencies

# Opportunities for space-based optical clocks

## **Optical master clock in space**

Necessary for intercomparison of ground-based optical clocks

## **Fundamental physics**

Tests of general relativity, e.g. EGE

## **Geoscience**

Direct measurement of earth's geopotential with high resolution  
Tracking tectonic plate movement

## **Navigation**

Upgrade of GPS/Galileo to optical clocks

## **VLBI**

Very Long Baseline interferometry (LISA gravity wave detection)

## **VLA**

Very Large (telescope) Arrays (Radio astronomy – timing)

## **Deep space missions**

Communications

**The better the clock, the longer the list....**



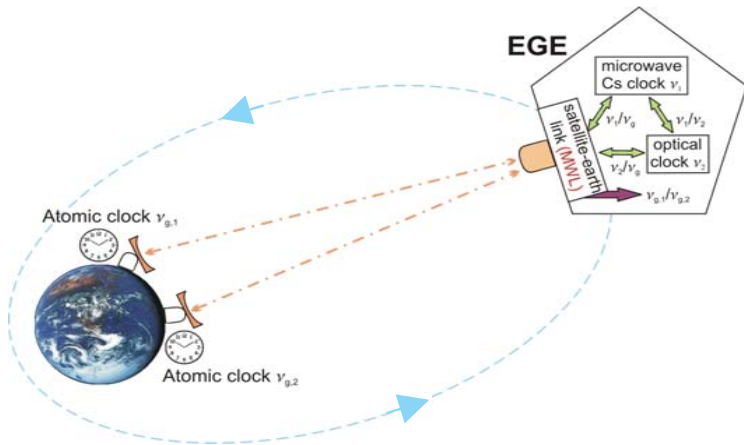
# Tests of general relativity: gravitational redshift

Frequency shift

$$Z \equiv \frac{\Delta f}{f} = (1 + \alpha') \frac{\Delta U}{c^2}$$

non-zero if local position invariance is not valid

Tested at the 70 ppm level by **Gravity Probe A** (comparison of ground and space-borne hydrogen masers).

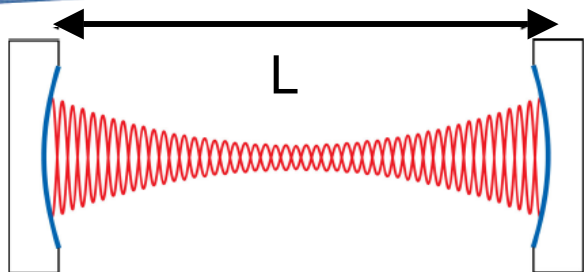


Proposed **Einstein Gravity Explorer (EGE)** mission (including an optical clock) would provide a test at the 25 ppb level.

Class M Cosmic Vision proposal:  
Schiller, Tino, Gill, Salomon *et al.* (2007)

# Optical Cavities

- laser stabilisation



Resonance frequencies

$$f_n = nc/2L$$

Clock linewidths  
can be  $< 1$  Hz!

Typical cavity



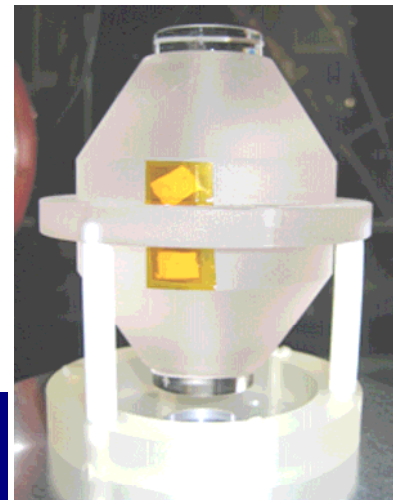
High reflectivity  
mirrors ( $>99.99\%$ )

Ultra-low expansion  
material (ULE)

Linewidth =  $c/(2LF)$   
where the Finesse,  $F$   
is directly related to  
the mirror reflectivity

At optical frequencies:  
 $\Delta\nu$  of 1Hz = 2 fm change in  $L$

New designs:



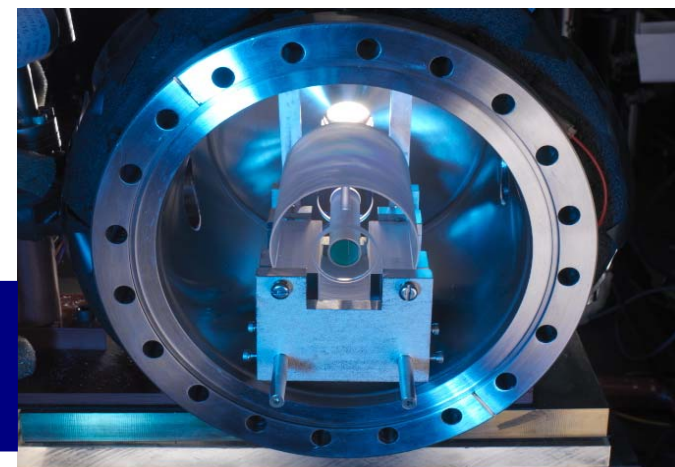
JILA vertical cavity

(Notcutt, *et al.*)

“Compact, thermal-noise-limited  
optical cavity for diode laser  
stabilization at  $1 \times 10^{-15}$ ,”

Ludlow, *et al.*,

Optics Letters 32, 641-643 (2007).

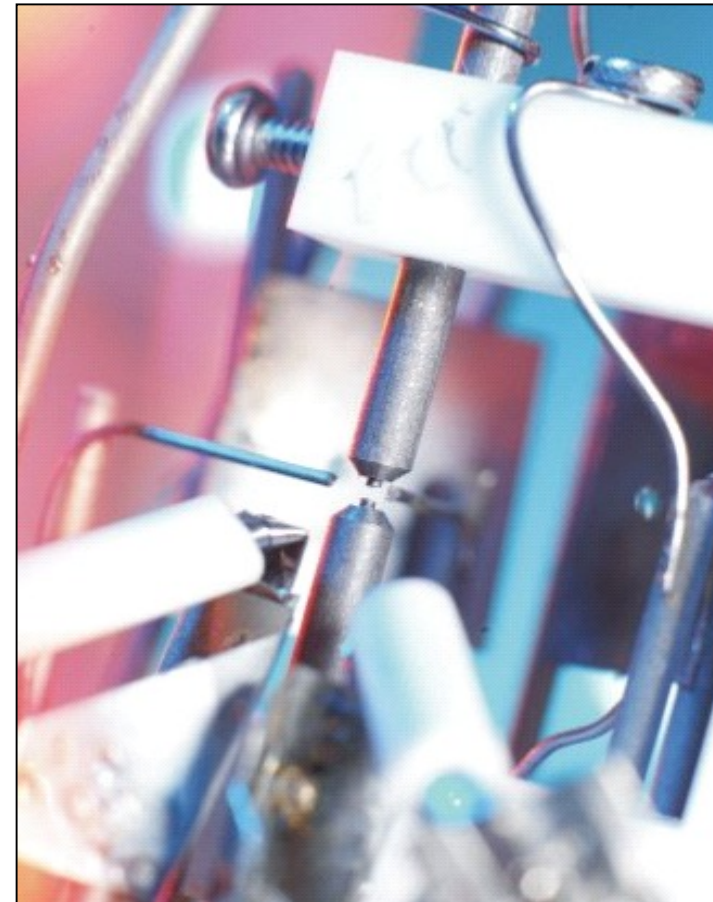
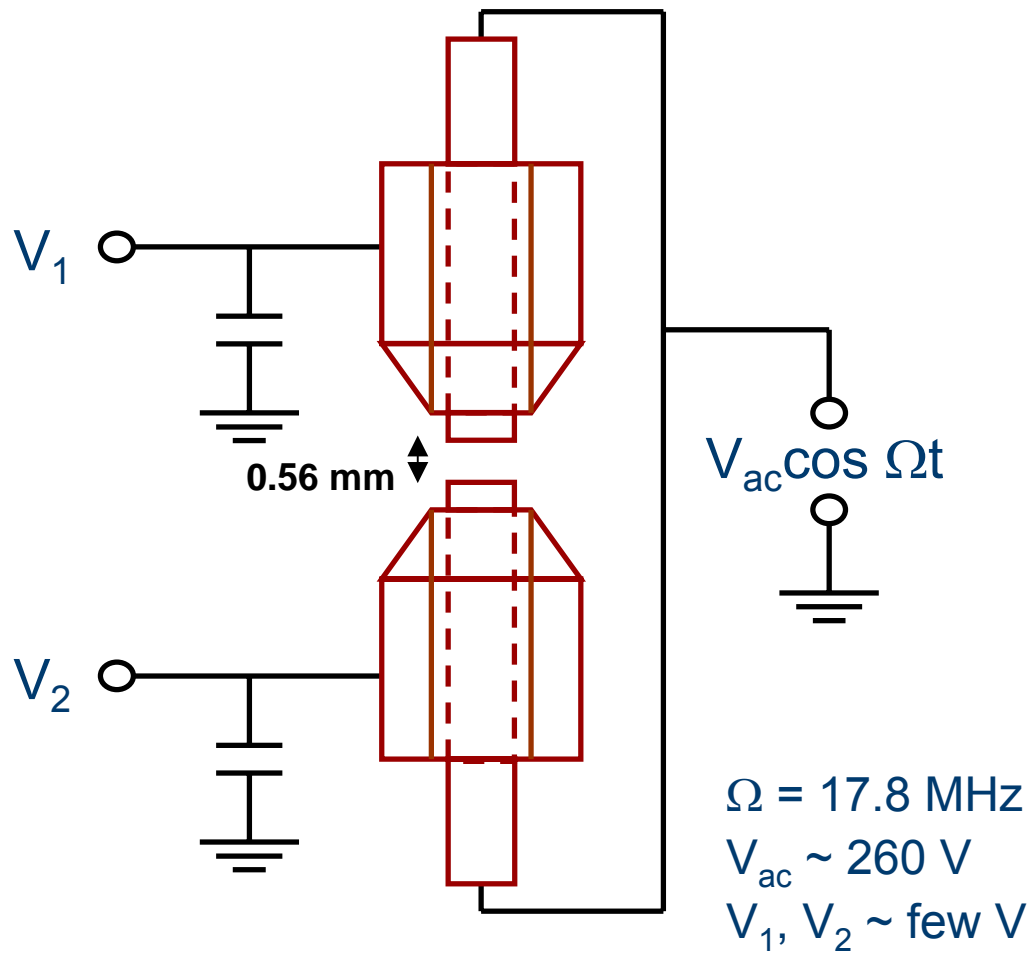


NPL cut-out cavity (Webster, *et al.*)

“Vibration insensitive optical cavity,”

Webster, *et al.*, Phys. Rev. A 75, 011801(R) (2007).

# NPL strontium ion trap

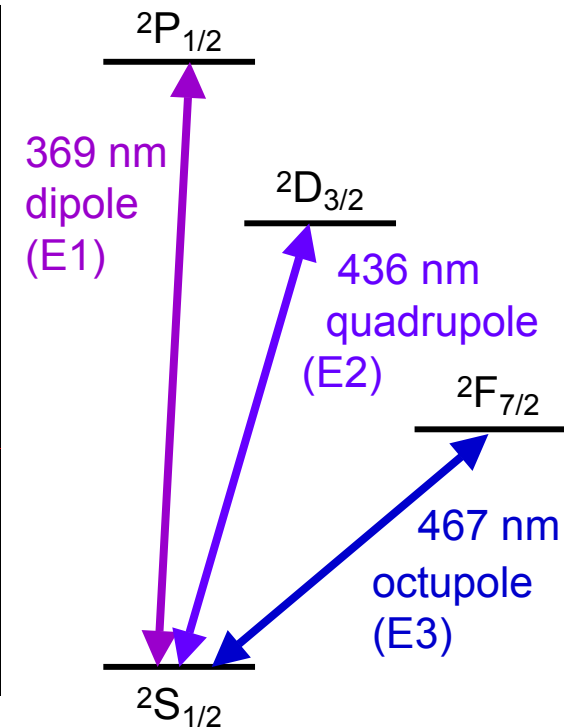


# Time variation of the fine structure constant

Sensitivity of time variation of the fine structure constant  $\alpha$  for various transitions is given by  $S$ , where

$$\frac{\dot{\nu}}{\nu} = S \frac{\dot{\alpha}}{\alpha}$$

Ion or atom	Clock transition	$S$
$\text{Sr}^+$	$^2S_{1/2} - ^2D_{5/2}$	0.43
$\text{Yb}^+$	$^2S_{1/2} - ^2D_{3/2}$	0.88
$\text{Yb}^+$	$^2S_{1/2} - ^2F_{7/2}$	-5.30
$\text{Hg}^+$	$^2S_{1/2} - ^2D_{5/2}$	-3.19
$\text{In}^+$	$^1S_0 - ^3P_0$	0.18
$\text{Al}^+$	$^1S_0 - ^3P_0$	0.008
$\text{Ca}$	$^1S_0 - ^3P_1$	0.02
$\text{Sr}$	$^1S_0 - ^3P_0$	0.06
$\text{Yb}$	$^1S_0 - ^3P_0$	0.31
$\text{Hg}$	$^1S_0 - ^3P_0$	0.81

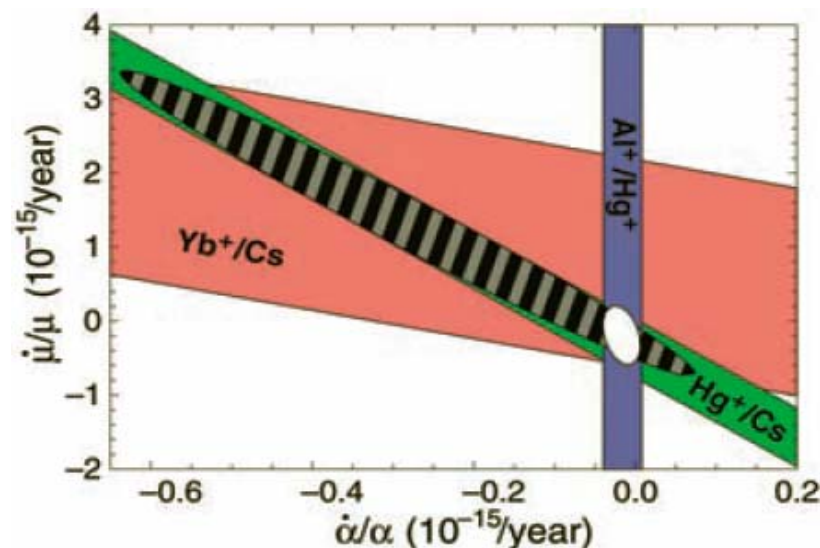
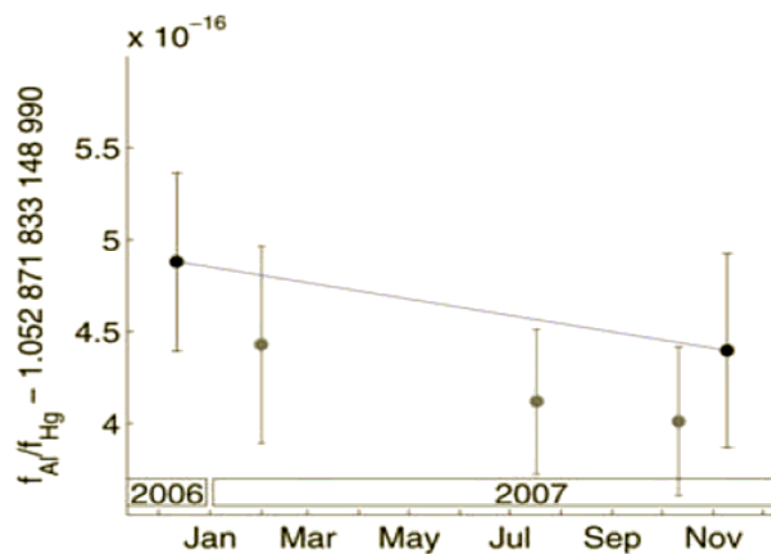


Ratio of 435 nm quadrupole and 467 nm octupole transition frequencies in  $^{171}\text{Yb}^+$  has a total sensitivity  $S = 6.2$

# Status of laboratory tests

Comparison between  $^{199}\text{Hg}^+$  and  $^{27}\text{Al}^+$  standards over 1 year:

$$\frac{\dot{\alpha}}{\alpha} = (-1.6 \pm 2.3) \times 10^{-17} / \text{year}$$



Rosenband *et al.*, Science 319, 1808 (2008)

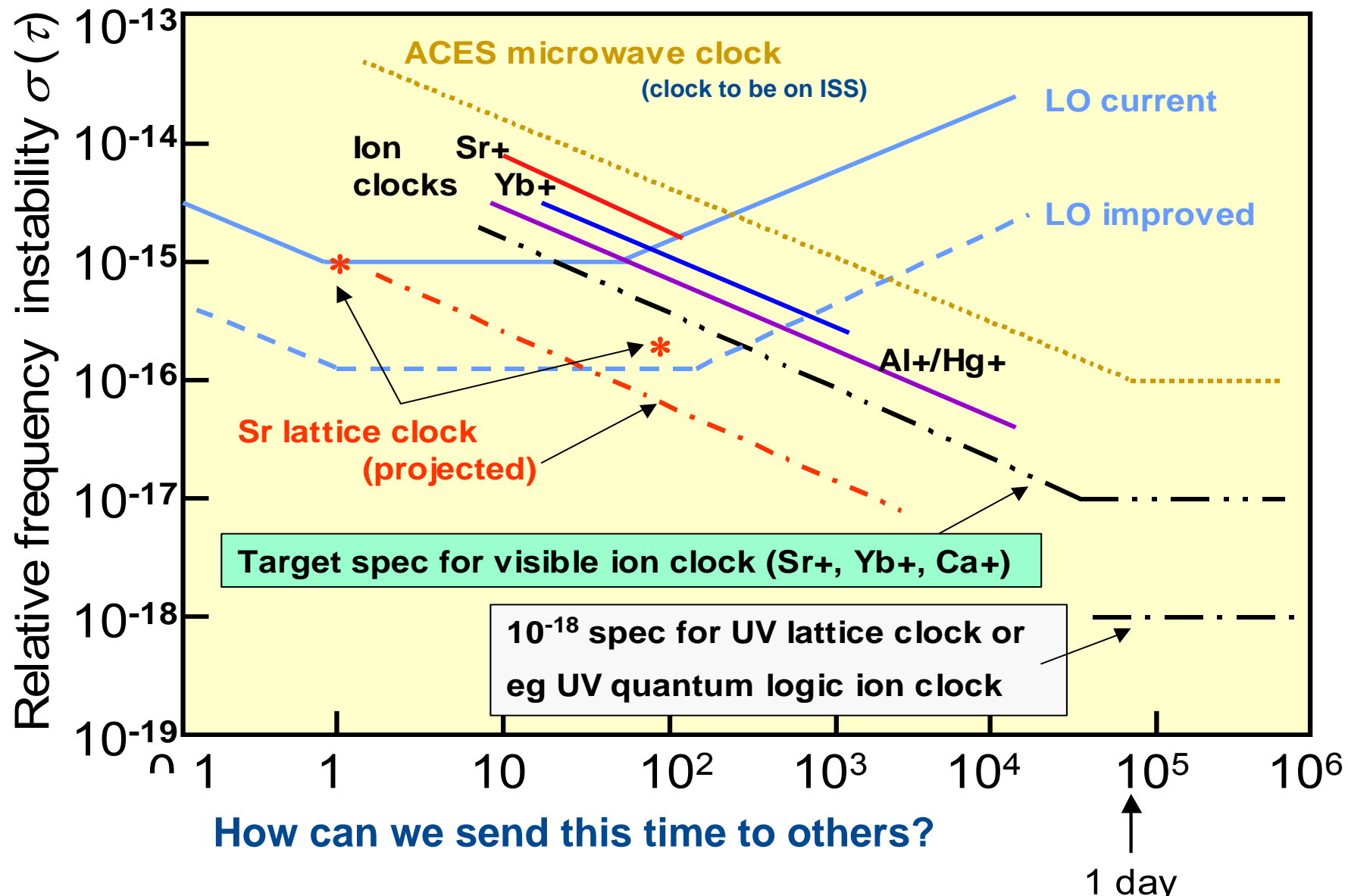
$\text{Yb}^+$  after 1 year:



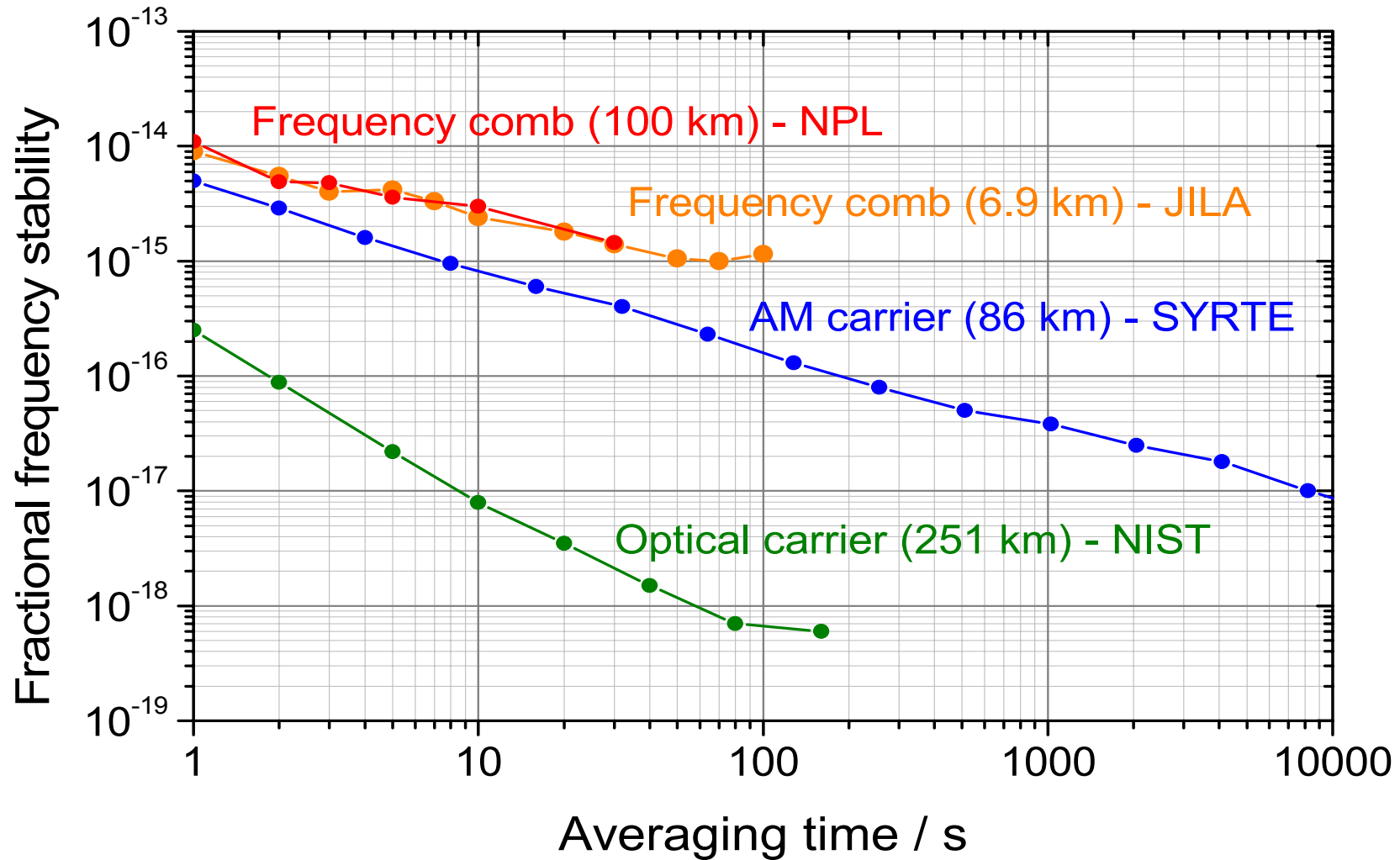
$$\frac{\dot{\alpha}}{\alpha} < \frac{\Delta\nu}{\nu} \sim 2 \times 10^{-18} \text{ year}^{-1}$$



# Optical clock current performance & target specification



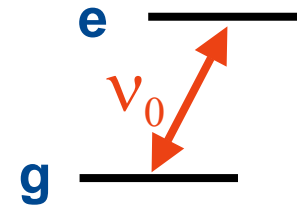
# Optical clock comparison: state of the art



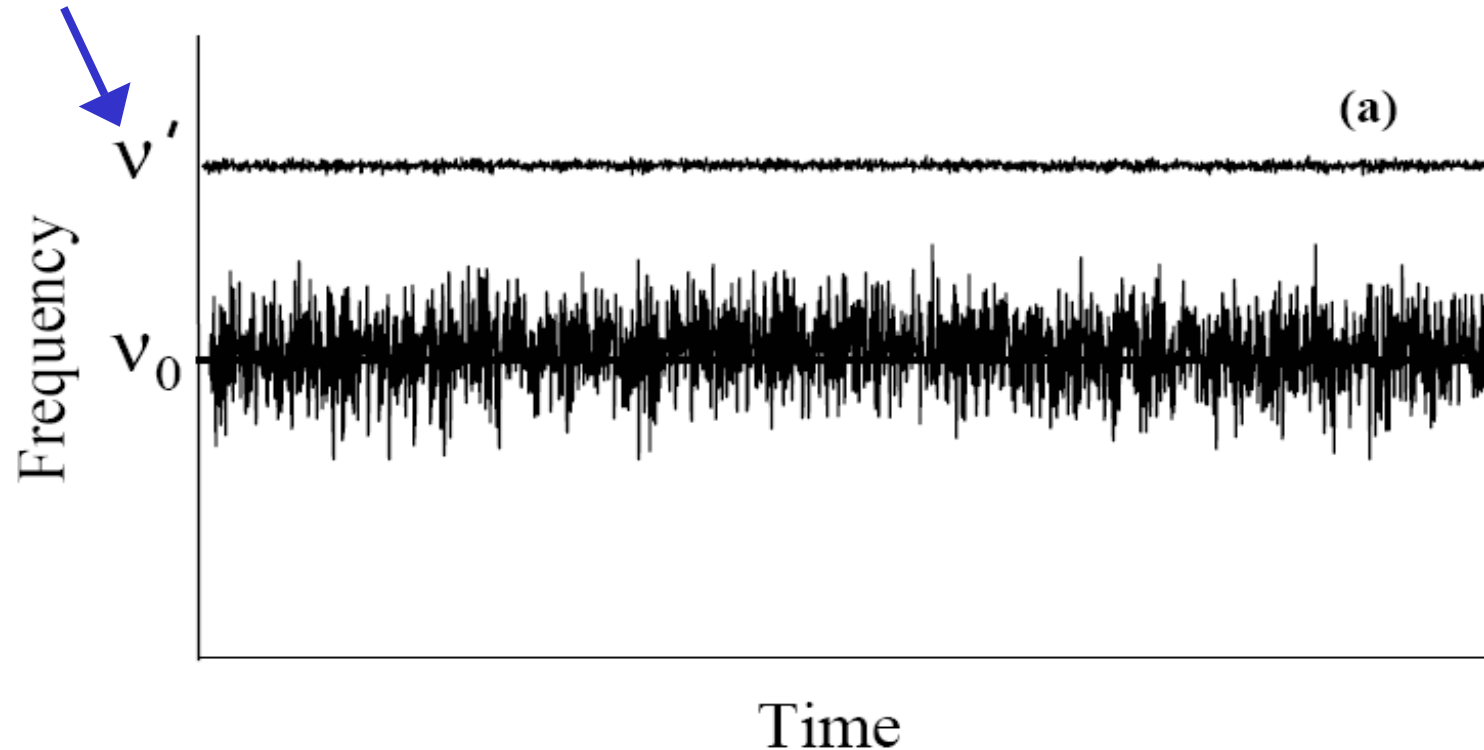
Challenge:  
comparison over longer distances.

# Stability vs. Accuracy

Trying to measure  
frequency  $\nu_0$



What causes this deviation?



**Accuracy: Evaluation of systematic uncertainties**

**Stability: Evaluation of frequency fluctuations over time**